# SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

#### **MATTHEW 5:13-16**

1. Jesus uses the image of salt as something that makes food tasty. Without it food can be tasteless. Who are the people who give zest to vour life and make it eniovable? For whom have you done this? When have you been particularly aware of your potential in this regard?

2. The second image is that of light. Who have been the people who have been a light for you, particularly in moments of darkness? For whom have you been a light? Recall these experiences and give thanks.

3. The images of salt and light can also be applied to communities to which we belong, a family, a parish, or other group. Thinking of the groups of which you are a member, how can their potential be enhanced to enrich the lives of members and offer them a guiding light? How can you make a contribution to this?

John Byrne OSA Email: john@orlagh.ie

#### THE DEEP END: Salt and Light

In today's Gospel we hear of two scenarios where salt is concerned: one is that we are called to be 'salt of the earth'. What salt does for food. Christians are called to do for the world – to give life 'taste'. You might recall someone who brought 'taste' to your own life, encouraging you on your journey, offering hope, a new insight or project, someone you followed and learned from. What gifts did they bring?

The other scenario in the Gospel today is where salt has lost its taste - how can it be restored? You might recall someone you placed great hope in, whether it be a family member, a public figure, a Church leader or politician: someone who had vision and inspired others. Yet the 'salt' or the 'taste' was lost. We see this all around us in our world, when someone's potential is lost.

There are many situations in our world today where people's light is not allowed to shine. It is controlled, hidden, prevented from being used for the benefit of all because of jealousy or perhaps others are afraid of the consequences. Jesus tells us that these lights must shine, for all, and then we can give glory to God in heaven for the fruits it may produce. To help lights shine and to give flavour to the world is our task today. Another way of putting it might be: how are the effects of our encounter with Jesus Christ evident in our lives?

## Jane Mellet; melletj@qmail.com

MASS TIMES: Please note there will be no evening on Mondays, beginning Monday, 12<sup>th</sup> February.

Also note that morning Mass on both Friday 9<sup>th</sup>and Saturday 10<sup>th</sup>February will be replaced by a Prayer Service.

## FAMILY MASS: Our monthly Family Mass will be held next Sunday 11 February at 11.30.

#### SCRIPTURE REFLECTION

In Preparation for Easter In a relaxed atmosphere. Each Monday morning for 6 weeks Starting Monday 12<sup>th</sup> February Time: 10.30 to 12.00 Includes tea/coffee/ refreshments Where: Salesian Convent ,Fernbank If you are interested please contact: Elizabeth Mulvin (087-2546492) Sr. Margo (086-3795654) Please give your name by 5<sup>th</sup> February

**DÓCHAS** (Hope for people with Autism) would like to thank everyone who collected and contributed to our recent church gate collection. €868.50 was collected on the day. MíleBuíochas

THE LITURGY GROUP will meet in the Parish Centre at 7.00pm on Tuesday February 6<sup>th</sup>.

ST VINCENT DE PAUL SOCIEY hold their monthly collection this weekend on Sat/Sun 3<sup>rd/</sup>4<sup>th</sup>February at all Masses.

> SALESIAN PRIMARY SCHOOL In association with HOLMAN LEE AGENCY

Inaugural FASHION SHOW

Venue: THE STRAND HOTEL 22<sup>nd</sup> February at 7.30pm Tickets: €20 available from: Centra, O'Connell St; Loraine at 087 2701680 or email. salesianstickets @gmail.com Please support our local school.

# **REFLECTION:**Stop everything and take five minutes just to lean back in your chair. close your eves, and think of someone that you love. Send him orher your love inpraver, by asking God to bless theone for whomyou care.

# Parish Website

www.ourladvoftherosarvparishlimerick.ie Fr. Des McAuliffe P.P. Tel: 061 324825 Fr. Tom. Rvan C.C. Tel: 087 2997733 Parish Clerk:Margaret Clifford atChurch SacristvTel: 325288 Office Hours:09:00-09:45 Weekdays 17:00-17:30 Mon 09:00-12.30 Sunday Mass Times: Weekends: Saturday Vigil 18:00 Sunday 10:00: 11:30 Weekdays: Mon. to Fri. 10:00; Mon. 17:45 Saturday 09:45 Adoration of the Blessed Sacrament 18:15-19:00 Monday Baptisms:Saturday 17:00 Sunday 12:15

#### BEREAVEMENT INFO EVENING. MILFORD: MASS INTENTIONS

Milford Care Centre and Anam Cara, the Sat 3rd national organisation that provides support Sun 4th services to bereaved parents and families, are hosting a Bereavement Information Evening on Thursday 15<sup>th</sup> February from 7.00pm to 9.00pm. (Registration from Mon 5th 6.45pm). This event gives parents an opportunity to hear an experienced Tues 6<sup>th</sup> bereavement professional talk about the Wed 7<sup>st</sup> manychallenges their family may face after Thu 8th the death of a son or daughter. Please note this event is open to all bereaved parents, Fri 9th regardless of the age of their child or the Sat 10th circumstances of their death. We would appreciate if youcould RSVP to Sun 11<sup>th</sup> info@anamcara.ie before Wednesday 14 Published by February or contact 01 4045378/0852888888

18	3:00	Dermot Small (A)
10	0:00	Eddie Cahill (A)
11	L:30	Liam O'Shanahan (A)
		Liam Wrenn (A)
		Bill &Ena Leonard (A)
		Mary & Declan Walsh (A)
10	0:00	Mary Anslow Morgan (A)
		John J. Anslow (A)
17	7:45	Eithna McCarthy (A)
10	0:00	Ita Leahy (A)
10	0:00	Charles & Nora Brosnan (A)
10	0:00	Living and Deceased members of
		Our Lady of the Rosary Active
		Retired Group
10	0:00	Prayer Service
09	9:45	Prayer Service
18	3:00	Patricia Ebrill (A)
10	0:00	
11	L:30	Liam & Anne Moloney (A)
y the Parish Pastoral Council		